Class Schedule | 2026 - 2027 (schedule subject to change)

METROPOLITAN YOUTH BALLET

BALLET

Classes listed with a comma between days (ie. Tuesday, Wednesday, Thursday) may be taken one, two or all three days.

PRESCHOOL DIVISION (1.5+yrs)

Toddler & Me (18mo - 2yrs with adult)
Friday 10:00 - 10:45am

Creative Dance I/II (3-4yrs)
Tuesday 5:00 - 5:45pm
Friday 11:00 - 11:45am
Saturday 9:30 - 10:15

Pre-Primary Ballet
Monday 5:00 – 5:45pm
Tuesday 5:45 - 6:30pm
Saturday 10:15 - 11:00am

LOWER DIVISION (6+yrs)

Primary A/B Ballet
Monday, Wednesday 5:00 - 6:00pm
Saturday 10:15 - 11:15am

Level 1A Ballet
Monday 5:00 - 6:00pm
Wednesday 6:00 - 7:00pm

MIDDLE DIVISION (9+yrs)

Level 1B - 2A Ballet
Tuesday, Wednesday, Thursday 5:00 - 6:30pm

Level 1B - 2A Pre-Pointe/Pointe & Conditioning
Tuesday, Wednesday 6:30 – 7:00pm

INTERMEDIATE DIVISION (12+ yrs) UPPER/PRE-PROFESSIONAL DIVISION (13+yrs)

Level 2B - 3A Ballet
Monday 6:00 - 7:30pm
Tuesday 5:00 - 6:30pm

Level 2B - 3A Pointe
Monday 7:30 - 8:00pm
Tuesday 6:30 - 7:00pm

Level 2B - 6B Ballet
Wednesday 6:30 - 8:00pm
Saturday 9:30 – 11:00am

Level 2B - 6B Ballet & Pointe
Thursday 5:00 - 6:30pm

Level 3B - 6B Ballet
Monday 6:00 - 7:30pm
Tuesday 6:30 - 8:00pm

Level 3B - 6B Pointe
Monday 7:30 - 8:00pm

Level 3B-6B Character^
Tuesday 8:00 - 9:00pm

Level 2B - 6B Strength & Conditioning*^
Monday 8:00 - 9:00pm

Level 2B - 6B Variations/Pas de Deux^**
Saturday 11:00am - 12:00pm

BOYS

Level 1A - 2B Boys Ballet
Thursday 5:00 - 6:15pm

Level 3A - 6B Boys Ballet^
Wednesday 8:00 - 8:30pm

ADULT (13+)

Adult/Teen Ballet
Tuesday 7:00 - 8:00pm

JAZZ / CONTEMPORARY

Jazz I (open to Level 1A and above)
Thursday 6:30 - 7:15pm

Jazz II
Tuesday 7:00 – 7:45pm

Jazz III
Thursday 8:00 - 8:45pm

Contemporary I (open to Level 1A and above)
Thursday 7:15 - 8:00pm

Contemporary II
Tuesday 7:45 – 8:30pm

Contemporary III/IV
Wednesday 8:00 - 9:15pm

DAY PROGRAM - LOWER/MIDDLE Levels Primary A - 2A

Ballet: Wednesday 1:30 - 3:30pm

Pre-Pointe/Pointe: Wednesday 3:30 - 4:00pm

DAY PROGRAM - INTERMEDIATE/UPPER/PRE-PRO Levels 2B - 6B

Ballet: Monday - Thursday 9:30 - 11:30am

Pas de Deux; Point/Variations; Contemporary/Modern; Pointe/Variations: Monday - Thursday 11:45am - 12:45pm

*Strength & Conditioning is recommended for all Level 2B-6B dancers
**Pas de Deux is by invitation only
^Dancers must also take the preceding ballet technique class to be eligible for these classes