

Class Schedule | 2026 - 2027 (schedule subject to change)



METROPOLITAN
YOUTH BALLET

BALLET

PRESCHOOL DIVISION (1.5+yrs) Toddler & Me (18mo - 2yrs with adult) Friday 10:00 - 10:45am Creative Dance I (3yrs) / Creative Dance II (4yrs) Tuesday 5:00 - 5:45pm Friday 11:00 - 11:45am Creative Dance I (3yrs) Saturday 9:30 - 10:15am Creative Dance II (4yrs) Saturday 10:15-11:00am Pre-Primary Ballet Monday 5:00 - 5:45pm Saturday 9:30 - 10:15am LOWER DIVISION (6+yrs) Primary A/B Ballet Monday 5:00 - 6:00pm Wednesday 5:00 - 6:00pm Saturday 10:15 - 11:15am Level 1A Ballet Monday 5:00 - 6:00pm Wednesday 6:00 - 7:00pm MIDDLE DIVISION (9+yrs) Level 1B - 2A Ballet Tuesday, Wednesday, Thursday 5:00 - 6:30pm Level 1B - 2A Pre-Pointe/Pointe & Conditioning Tuesday, Wednesday 6:30 - 7:00pm	INTERMEDIATE DIVISION (12+ yrs) UPPER/PRE-PROFESSIONAL DIVISION (13+yrs) Level 2B - 3A Ballet Monday 6:00 - 7:30pm Tuesday 5:00 - 6:30pm Level 2B - 3A Pointe Monday 7:30 - 8:00pm Tuesday 6:30 - 7:00pm Level 2B - 6B Ballet Wednesday 6:30 - 8:00pm Saturday 9:30 - 11:00am Level 2B - 6B Ballet & Pointe Thursday 5:00 - 6:30pm Level 3B - 6B Ballet Monday 6:00 - 7:30pm Tuesday 6:30 - 8:00pm Level 3B - 6B Pointe Monday 7:30 - 8:00pm Level 3B-6B Character^ Tuesday 8:00 - 9:00pm Level 2B - 6B Strength & Conditioning**^ Monday 8:00 - 9:00pm Level 2B - 6B Variations/Pas de Deux***^ Saturday 11:00am - 12:00pm BOYS Level 1A - 2B Boys Ballet Thursday 5:00 - 6:15pm Level 3A - 6B Boys Ballet^ Wednesday 8:00 - 8:30pm ADULT (13+) Adult/Teen Ballet Tuesday 7:00 - 8:00pm
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JAZZ / CONTEMPORARY

Jazz I (open to Level 1A and above) Thursday 6:30 - 7:15pm Jazz II Tuesday 7:00 - 7:45pm Jazz III Thursday 8:00 - 8:45pm	Contemporary I (open to Level 1A and above) Thursday 7:15 - 8:00pm Contemporary II Tuesday 7:45 - 8:30pm Contemporary III/IV Wednesday 8:00 - 9:15pm
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DAY PROGRAM - LOWER/MIDDLE

Levels Primary A - 2A

Ballet: Wednesday 1:30 - 3:30pm Pre-Pointe/Pointe: Wednesday 3:30 - 4:00pm	Ballet: Monday - Thursday 9:30 - 11:30am Pas de Deux; Point/Variations; Contemporary/Modern; Pointe/Variations: Monday - Thursday 11:45am - 12:45pm
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DAY PROGRAM - INTERMEDIATE/UPPER/PRE-PRO

Levels 2B - 6B

*Strength & Conditioning is recommended for all Level 2B-6B dancers

**Pas de Deux is by invitation only

^Dancers must also take the preceding ballet technique class to be eligible for these classes

-Classes listed with a comma between the days ie. "Tuesday, Thursday" can be taken one day or both days

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